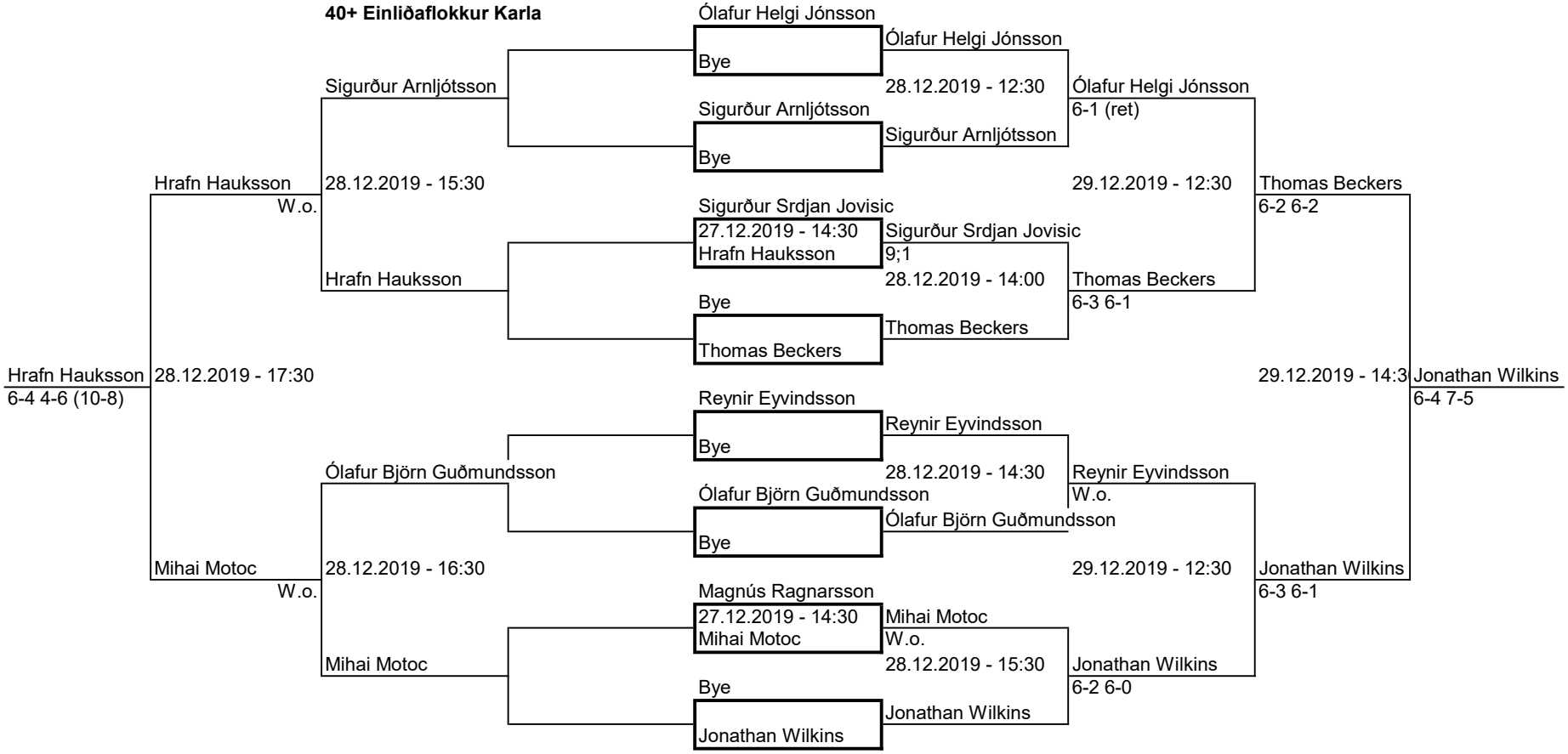40+ Einliðaflokkur Karla