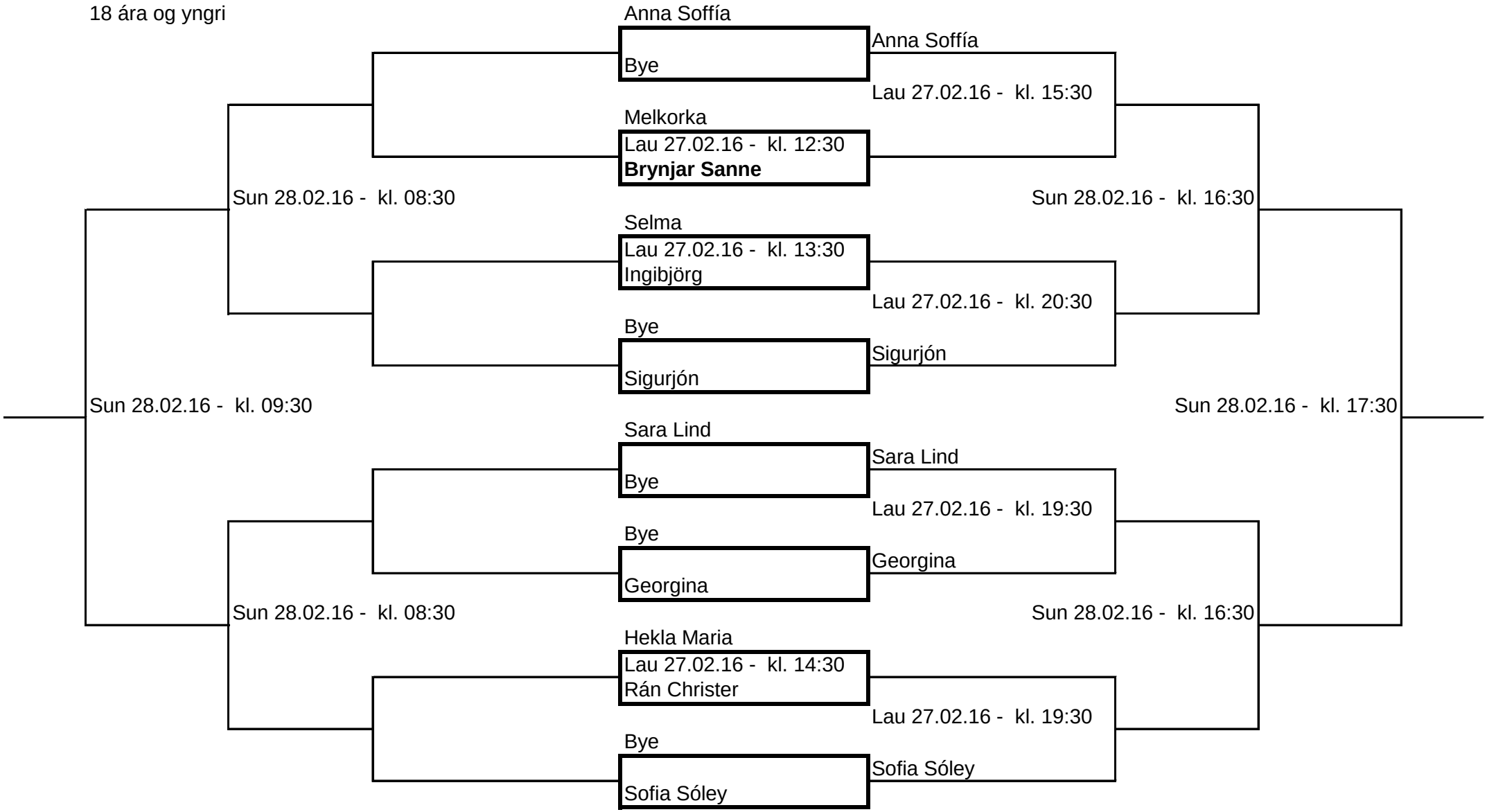18 ára og yngri